



PRORehabTM P.C.

BULLETIN

www.prorehabpc.com

*Physical & Sports Therapy • Industrial Rehabilitative Services • Hand Therapy
Functional Capacity Evaluations • Work Hardening/Work Conditioning
Employment Testing/WorkSTEPS • Prevention Programs • On-Site Consultations
Job Analysis • Drug Testing*

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PRACTICE UPDATE PRORehab, P.C.'s Fenton Location Now Open

PRORehab, P.C. is pleased to announce the opening of a new outpatient rehabilitation facility in Fenton, Missouri. The Fenton outpatient facility represents the fourteenth PRORehab, P.C. facility in the St. Louis metropolitan area.



John Teepe

Offering a full array of outpatient physical therapy services, the Fenton location extends the PRORehab, P.C. service network to one of St. Louis' fastest growing communities. The clinic is located in the attractive, easily accessible Dierbergs Crossings shopping center at the corner of Hwys 30 & 141. The hope is that this facility will prove to be convenient for patients interested in quality rehabilitation care in the southwest county corridor.

The Fenton clinic is operating under the direction of John Teepe, MPT. John joined PRORehab, P.C. last year as a staff therapist at the North County clinic in Florissant. John's experience in the St. Louis physical therapy market coupled with his mentorship training at PRORehab, P.C. will ensure the quality of care at the Fenton location.

State-Of-The-Art Brentwood Industrial Center Provides Job Simulation Capabilities Unmatched In The St. Louis Area

Scientifically based protocols and skilled therapists are two of the essential components of PRORehab, P.C.'s highly successful industrial rehabilitation program. The third is a facility designed to provide clinical staff the space and equipment to effectively assess and treat clients. The combination of these three factors have allowed PRORehab, P.C. to deliver a product unmatched by other competitors in the St. Louis Metropolitan area.

The BIC was opened last fall to accommodate the growing need for industrial services in the mid-county area. With just under 10,000 square feet of space, the facility can be configured to accommodate the specific needs of the client. This is especially important when developing a work hardening/work conditioning program or a functional employment test (WorkSTEPS). In addition to these services, functional capacity evaluations are available utilizing peer-reviewed scientific protocols.

The PRORehab, P.C. FCE identifies self-limiting behaviors objectively through a battery of consistency tests, physiological measures, and compares subjective complaints with clinical observations. Reader friendly reports offer definitive answers to the pressing questions of physicians, case managers, and employers. No machine can effectively assess an individual's physical, psychological, and motivational makeup.





Job Analysis And WorkSTEPS Provide Effective Pathways To Prevention And Cost Containment

PRORehab, P.C. continues to offer job analysis services, both in the office and industrial setting. In both settings, a PRORehab, P.C. physical therapist or occupational therapist will work in conjunction with the employer and employee to define the essential functions of the job and determine its physical demand level. If necessary, the therapist will then offer cost-effective recommendations to improve the workstation. In the office setting, PRORehab, P.C. also performs keystroke analysis upon request.

To increase the chances that a potential employee will be able to safely perform the essential functions of a job, the employer may choose to have PRORehab, P.C. design a physical test based on the job analysis. The applicant must pass this test before being hired. For such testing,

PRORehab, P.C. utilizes WorkSTEPS, a nationally recognized program based in Texas. The WorkSTEPS program was developed in response to the market's need for reliable, medically/legally defensible employment testing programs which could effectively reduce work place injury costs. This Program fully conforms to EEOC Guidelines for application of the Americans with Disabilities Act.

Employers benefit by matching the physical demand levels of the specific job to the physical capabilities of the employee, which reduces injury incidence and decreases employee turnover. The WorkSTEPS test also assists in eliminating fraudulent injury claims and in establishing a basis for legitimately controlling actual claims. The information is retained for comparison to post-

injury employee data and establishes a basis for developing objective data-based rehabilitation programs and return to work programs.

For employers interested in more in-depth ergonomic analysis, PRORehab, P.C. will identify ergonomic risk hazards such as force, posture and motion, vibration, and temperature. PRORehab, P.C. then quantifies each risk factor to prioritize the order in which these hazards will be reduced or eliminated. Employers who have utilized ergonomic analysis report the following benefits:

- Improved quality*
- Greater productivity*
- Financial savings*
- Increased safety*
- Better morale*
- Improved worker comfort*



Fairview Heights Now Offers Industrial Rehab Services With The Addition of Kurt Muskopf, OTR To The Staff

Kurt Muskopf, OTR has joined the Fairview Heights clinical staff as director of the industrial rehabilitation and hand therapy programs at that location. A licensed occupational therapist, Kurt held a similar position at the PRORehab St. Peters location prior to his transfer.

Kurt is a native of the Metro-East area, born and raised in Millstadt, Illinois. Recently, he has moved back to the area and is excited to help his own community. Kurt is a

graduate of Belleville Township High School West. Following high school, he attended Murray State University in Kentucky. While at Murray State, Kurt studied sports medicine and received a degree in Exercise Physiology. In 1997 he returned to the St. Louis area and attended



Kurt Muskopf

Maryville University where he received his Occupational Therapy degree.

The introduction of hand therapy and industrial rehabilitation services in the Fairview Heights clinic is an extension of PRORehab, P.C.'s commitment to providing our valued referral sources easy access to a full spectrum of services.

MESSAGE FROM THE PRESIDENT

On occasion, a referral source or payor will ask a question regarding the growth of PRORehab, P.C. The nature of the inquiry many times is related to our ability to maintain consistent quality while expanding our service network. This is a fair question as PRORehab, P.C. has experienced significant growth in the past four years. We believe the key to quality assurance lies in three areas: the retention and addition of skilled clinical staff; the universal usage of peer reviewed treatment protocols; and stability in management.

PRORehab, P.C. has been very fortunate to employ and retain many of the finest physical and occupational therapists in the St. Louis area. To assure consistent quality, each new clinician is required to undergo an intensive training program. PRORehab, P.C. has a mandatory mentoring program for all new clinicians, regardless of experience level. Each new therapist is required to spend time in patient care with one of PRORehab, P.C.'s senior clinicians. The objective of such training is to ensure each therapist thoroughly understands PRORehab, P.C.'s basic and advanced treatment philosophies, proper documentation, and the preferred treatment protocols of individual physicians. Retrospective quarterly chart audits, concurrent file reviews, and monthly company-wide continuing education forums further facilitate quality control.

The business axiom "hire the best and they will make you the best" is only going to be valid if universal treatment standards are adhered to at each clinic location. PRORehab, P.C. has implemented concise therapeutic guidelines for clinicians to follow. This by no means restricts therapists from utilizing their training and knowledge. But, rather it provides parameters and specifies policy to ensure the expectations of our clients are achieved.

Finally, an essential element of stability in a time of growth is active management. Jim Host, MS, PT, Randy Craig, MS, PT, ATC, and I are dedicated to assist our valued customers with meeting their goals. As we have expanded our network, we continue to explore new ways to better serve our clients.

In conclusion, I would like to personally thank you for your business. I can assure you we will continue to work in earnest to exceed your expectations. If there is anything we can do to further service your needs, please feel free to contact me.

Warmest Regards,

Bill Franzen, Jr., MHS, PT
President

Complete PRORehab, P.C. Clinic Listing

FENTON

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552 Old Smizer Mill Rd.
Fenton, MO 63026

BRENTWOOD IND. CNT.

314-781-0679
8228 Brentwood Ind. Drive
Brentwood, MO 63144

POTOSI

573-436-2500
828 E. High St., Ste. 18
Potosi, MO 63664

WEST COUNTY

636-391-5400
15884 Manchester Rd.
Ellisville, MO 63011

FAIRVIEW HEIGHTS

618-624-9300
5900 N. Illinois
Fairview Heights, IL 62208

ST. PETERS

636-477-9911
221 Spencer Road, Ste. D
St. Peters, MO 63376

NORTH COUNTY

314-972-1442
790 N. Hwy. 67
Florissant, MO 63031

MID COUNTY

314-961-3804
2937 South Brentwood Rd.
Brentwood, MO 63144

SOUTH CITY

314-351-7172
4624 South Kingshighway
St. Louis, MO 63109

SOUTH COUNTY

314-842-2990
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FESTUS

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376 Festus Centre Drive
Festus, MO 63028

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1935 Richardson Rd.
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